



Available Resources

From CHADD's national resource center on ADHD

Fact Sheets on ADHD

General Information about ADHD

- About ADHD
- ADHD and Coexisting Conditions
- ADHD, Sleep and sleep disorders
- ADHD and Tics or Tourette Syndrome
- Understanding Research Studies

For Parents and Caregivers

- Parenting a Child with ADHD
- Preschoolers and ADHD (English and Spanish)
- Managing Medication for Children with ADHD
- Psychosocial Treatments for ADHD in Children and Adolescents (English and Spanish)
- Educational Rights for Children with ADHD in Public Schools (English and Spanish)
- Educational Rights for Children with ADHD: A Primer for Parents (In English and Spanish)
- Homework Help: Creating a Homework Space
- College and ADHD
- Finding the Right College
- Disclosing ADHD during the College Admissions Process
- Succeeding in College with ADHD

For Adults

- Diagnosis of ADHD in adults (English and Spanish)
- ADHD Coaching for Adults
- Organizing the Home and Office Space
- Managing Money and ADHD
- Time Management: Step-By-Step with a Day Planner

Tips for Educators

- Providing Classroom Accommodations to Help Students with ADHD
- Helping Students with ADHD Using the Instructional Process
- General Assignment Accommodations
- Accommodations for Reading Assignments
- Accommodations for Written Assignments
- Accommodations for Math Assignments





Ask the Expert Webinars

CHADD's National Resource Center on ADHD hosts online webcasts with leading experts in the field of ADHD. These webcasts are free and anyone can participate. Chat participants can submit questions to be answered by the expert.

View upcoming webinars at www.chadd.org/asktheexpert

View an archive of past webinars by clicking on the “Ask the Expert Archives” button towards the top of the page. The archive is searchable by prepopulated topics. The advanced search allows you to search by presenter and title.

A List of available webinars is included on the following pages with the title of the webinar and the presenter. Webinars are sorted into the following categories:

- General information on ADHD, including two webinars in Spanish
- Parenting children with ADHD
- Parenting teens and young adults with ADHD
- Strategies for adults with ADHD
- Treatment for ADHD (Includes medication, behavior therapy, coaching, and complementary treatments)
- Co-occurring conditions and ADHD
- ADHD and school
- Tips for Teachers (These webinars are presented to an audience of educators)

General information on ADHD	
Title	Presenter
DSM-5 and ADHD	Mary Solanto
Combating Stigma and Addressing Myths about ADHD	Ruth Hughes
The Representation of ADHD in the Media	David Goodman
Emotions and Motivation in ADHD	Thomas Brown
How ADHD Impairs Major Life Activities	Russell Barkley
Understanding girls and ADHD	Ellen Littman
What everyone should know about ADHD	Edward Hallowell
African American Families and ADHD	Heather Jones
ADHD in Preschool Children	Mark Mahone
ADHD, African Americans, and Success: The lived experience of actress Wendy Davis	Wendy Davis
ADHD & Military Families: Resources for Service Members	Heather Hebdon
Your Active Preschooler: Could it be ADHD?	George DuPaul
Children, Medications, and Heart Safety: A Tale of ADHD and Public Health	Susanna Visser
Comprendiendo y Ayudando a Nuestros Niños y Niñas con Déficit de Atención	José Bauermeister
El TDAH: Diagnóstico y Tratamiento de los Niños y Jóvenes	Francisco Castellanos
Parenting children with ADHD	
Strategies for Parenting Children with ADHD in Hispanic/Latino Families	Yamalis Diaz
Choosing Gifts for Children Affected by ADHD	Ahren Hoffman
Mindfulness and Parenting a Child with ADHD	Mark Bertin
Holiday Toys and Games for Children with ADHD & Cognitive Differences	Ahren Hoffman
ADHD Out-of-School: Parenting During the Summer	Ann Abramowitz
Lying: Why kids lie and what to do about it	Thomas Phelan
Special Broadcast: Holiday Gifts for Children with ADHD	Megan Murphy
Social and Emotional Concerns of Children with ADHD: Strategies to Help	Gina Richman and Kristi Phillips
What to Know, Say, Do: Helping Parents and Kids Understand the Social & Emotional Aspects of ADHD	Jerome Schultz
The Right Summer Camp for Your Child Affected by ADHD	John Willson
ADHD-friendly Summer Family FUNdamentals	Tiffany Sanders
All in row: Getting your kids with ADHD organized	Holly Graff
Helping your child successfully handle change	Jeffrey Katz
How to maximize the benefits of screen time for children with ADHD	Randy Kulman
5 Solutions to Common ADHD Social Struggles	Caroline Maguire
Strategies for Promoting Positive Behavior in Children with ADHD and Their Siblings	Jennifer Keluskar

Parenting teens and young adults with ADHD	
Title	Presenter
ADHD and the College Transition	Judith Bass
ADHD and Smoking	Scott Kollins
Preventing Medication Diversion Among Teens & Young Adults	Mark Wolraich
Surviving the Ride: Parenting Adolescents with ADHD	Chris Zeigler Dendy
On Their Own: Helping College Students with ADHD	Theresa Maitland
ADHD & Driving: Driver Safety When Coping with ADHD Symptoms	Daniel Cox
Young ADDulthood: Preparing Older Teens for the Road Ahead	Wes Crenshaw
Your Teen with ADHD: Challenges and Strategies for Success	James Crist
My Student was admitted, now what?	Michelle Oelking
Getting through to your teenager with ADHD	Elaine Taylor-Klaus and Diane Dempster
Is my high school student ready for college? (And is my college student ready to go back?)	Ari Tuckman
Strategies for adults living with ADHD	
Managing Money with ADHD	Stephanie Sarkis
Thriving and Striving with Adult ADHD: Personalize your Treatment Plan	Craig Surman
The Adult ADHD Appointment: Helping your doctor, therapist, or coach help you	Craig Surman
How Executive Functions Affect Adult Relationships	Ari Tuckman
ADHD in the Workplace: Finding Success	Melanie Whetzel
A Pattern of Struggles: ADHD and the Older Adult	Martin Wetzel
Getting Organized with ADHD	Susan Pinsky
Stop the chaos! Tips for creating a peaceful household when mom has ADHD	Terry Matlen
Home life when mom or dad has ADHD: Succeeding with your family	Caroline Maguire
Treatment for ADHD	
The Role of Medication in Managing Children's ADHD Symptoms	Timothy Wilens
The ADHD Coach That Is Best For Me	Elaine Taylor-Klaus and Diane Dempster
Behavior Management and Combined Treatment for Children with ADHD	William Pelham
What Professionals Need to Know, Say & Do: Helping Kids Understand their ADHD	Jerome Schultz
Culturally adapted ADHD treatment for children from Spanish-speaking families	Alyson Gerdes
Integrate coaching methods into your mental health practice	Abigail Levrini
What else can I do? Complementary approaches to ADHD treatment	Stephanie Sarkis
Evidence-based treatment for young children with ADHD	Mary Margaret Gleason
5 ways nutrition can impact ADHD symptoms	Laura Stevens
Behavioral Therapy: What it is and Finding a Therapist	John Barton
The Choice is in the Details: Medication Options for ADHD	Max Wiznitzer

Co-occurring conditions and ADHD	
Title	Presenter
ADHD and Eating Disorders	Roberto Olivardio
ADHD and Oppositional Behavior in Children	Barbara Howard
Helping Children with ADHD/LD Conquer Chronic Stress: Part 1	Jerome Schultz
Helping Children with ADHD/LD Conquer Chronic Stress: Part 2	Jerome Schultz
The Relationship Between ADHD and Autism Spectrum Disorder	Erika Wodka
Children's Communication Challenges: Is It Attention, Language, or Both?	Linda Spencer
Tourette Syndrome and ADHD: Starting the new year with health, school and home supports	Tourette's Association of America
ADHD and school	
Helping Kids with ADHD Succeed in School: Homework Organization and Planning Tips	Joshua Langberg
IEPs v. 504 Plans: What's the Difference	Robert Tudisco
ADHD in the Classroom: Management Strategies and Student Supports	Sandra Rief
School Interventions: Three Tier Model & ADHD	Anne Schulte
Setting Realistic school expectations for students with ADHD	Margaret Foster
Better Grades: Overcome Academic Challenges	Ann Dolin
No more homework battles: Learn proven homework, organization, and planning techniques to make your child's school year a success	Joshua Langberg
Academic Evaluations- What parents need to know	Missy Alexander
Department of education guidance broadens understanding of 504 rights for kids with ADHD: Part I	Paul Grossman
Department of education guidance broadens understanding of 504 rights for kids with ADHD: Part II	Matt Cohen
Improve Homework time with strategies that work for ADHD	Cindy Goldrich
Tips for Teachers	
Recognizing Challenging behaviors in young children. Could it be ADHD?	George DuPaul
Classroom management supports for ADHD behaviors in early childhood education settings	Desiree Murray
Tailoring learning settings to engage young children with ADHD	Mary Wonderlick
Building partnerships with parents and caregivers	Lee Kern
Creating the best learning environment for students with ADHD	Sydney Zentall
Teaching grit, perseverance and frustration tolerance to students with ADHD	Cindy Goldrich
Project-Based Learning and ADHD	Susan Kologi
Make Learning Exciting: Apps for Executive Functioning	Stacy Driscoll